

## De beste etappetidene de siste årene og Ull/Kisas tider

Etp	Løper	Lag	År	Etp tid	Plass
1	Snorre Holtan Løken	Tjalve	2016	00:02:49	1 rekord
1	Thomas Roth	Ull/Kisa	2019	00:03:01	1
1	Didrik Warlo	Tyrving	2019	00:03:01	1
1	Sverre Blom Breivik	Ull/Kisa	2018	00:03:05	1
1	Didrik Warlo	Tyrving	2018	00:03:05	1
1	Haben Brhane	Strindheim	2018	00:03:06	3
1	Haben Brhane	Strindheim	2019	00:03:07	3
1	Ådne Svan Dæhlin	Gular	2019	00:03:08	4
1	Thomas Byrkjeland	Tjalve	2019	00:03:08	4
1	Thomas Heggøy	Gular	2018	00:03:08	5
1	Awet Kibrab	Tjalve	2018	00:03:12	10
2	Eivind Jenssen	Steinkjer	2013	00:03:04	1 rekord
2	Terje Snarby	Ull/Kisa	2018	00:03:08	1
2	Vidar Dahle	Gular	2018	00:03:11	2
2	Petter Rypdal	Tjalve	2019	00:03:15	1
2	Hans-Magnus Haukøy	Gneist	2018	00:03:17	3
2	Iver M Glomnes	Strindheim	2018	00:03:19	4
2	Ola Gjønnes Grendal	Herkules	2019	00:03:20	2
2	Vidar Dahle	Gular	2019	00:03:21	3
2	Markus Einan	Ull/Kisa	2019	00:03:22	4
2	Ivar Mathias Linge Glomnes	Strindheim	2019	00:03:25	7
2	Senay Fissehatsion	Tjalve	2018	00:03:26	11
3	Andreas Roth	Ull/Kisa	2013	00:01:19	1 rekord
3	Andreas Roth	Ull/Kisa	2018	00:01:21	1
3	Mathias Engevik	Tjalve	2018	00:01:24	2
3	Kristoffer Jansen Grindedal	Gular	2019	00:01:25	1
3	Martin Engevik	Tjalve	2019	00:01:25	1
3	Kristoffer Grindedal Janson	Gular	2018	00:01:27	3
3	Odde Teignes	Gular 2	2019	00:01:28	3
3	Kristian Skage Nordlund	Steinkjer	2019	00:01:28	3
3	Kristoffer Blucher	Gneist	2019	00:01:28	3
3	Jo Inge Sandvik	Strindheim	2018	00:01:33	9
3	Steven Ing	Strindheim	2019	00:01:35	14
3	Henrik Schultze Toverød	Ull/Kisa	2019	00:01:37	17
4	Hans Kristian Fløystad	Tjalve	2016	00:05:13	1 rekord
4	Snorre Løken	Tjalve	2018	00:05:16	1
4	Andreas Kramer	Ull/Kisa	2018	00:05:17	2
4	Andreas Kramer	Ull/Kisa	2019	00:05:20	1
4	Erik Udø Pedersen	Kristiansand	2018	00:05:21	3
4	Mats Hauge	Gular	2019	00:05:27	2
4	Anton Sjøkvist	Strindheim	2019	00:05:31	3
4	Mats Hauge	Gular	2018	00:05:32	5
4	Mats Bjørgum	Strindheim	2018	00:05:42	12
4	Ferdinand Edman	Tjalve	2019	00:06:11	17

## De beste etappetidene de siste årene og Ull/Kisas tider

Etp	Løper	Lag	År	Etp tid	Plass
5	Thomas Roth	Ull/Kisa	2018	00:03:11	1 rekord
5	Sondre Dingsør	Gular	2018	00:03:12	2
5	Martin Engevik	Tjalve	2018	00:03:15	3
5	Sondre Dingsør	Gular	2019	00:03:17	1
5	Øystein Kvaal Østerbø	Strindheim	2019	00:03:21	2
5	Marius Geving	Strindheim	2018	00:03:24	7
5	David Lukas Bleich	OSI	2019	00:03:25	3
5	Kristian Pytten	Kristiansand	2019	00:03:25	3
5	Andreas Roth	Ull/Kisa	2019	00:03:27	5
5	Mathias Engevik	Tjalve	2019	00:03:30	9
6	Joel Bodén	Hälle	2008	00:03:46	1 rekord
6	Jacob Boutera	Gular	2019	00:03:47	1
6	Jacob Boutera	Gular	2018	00:03:50	1
6	Audun Nordtveit	Tjalve	2018	00:03:52	2
6	Joar Thele	Lyn Ski	2019	00:03:55	2
6	Audun Nordtveit	Tjalve	2019	00:03:58	3
6	Mats Bjørgum	Strindheim	2019	00:04:05	9
6	Simen Sveen	Lillehammer	2018	00:04:05	3
6	Mats Morgan Langøy	Ull/Kisa	2019	00:04:12	12
6	Sverre Solligård	Strindheim	2018	00:04:12	12
6	Sondre Liestøl	Ull/Kisa	2018	00:04:17	15
7	Sindre Buraas	Vidar	2011	00:05:29	1 rekord
7	Stian Øverggard Aarvik	Gneist	2018	00:05:43	1
7	Per Svela	Gular	2018	00:05:44	2
7	Okubamichael Fissehatsion	Tjalve	2018	00:05:44	2
7	Erik Udø Pedersen	Kristiansand	2019	00:05:48	2
7	Per Svela	Gular	2019	00:05:56	3
7	Erlend G. Sørtveit	Strindheim	2019	00:05:59	4
7	Erlend G. Sørtveit	Strindheim	2018	00:05:59	5
7	Sigurd Skjeseth	Tjalve	2019	00:06:00	5
7	Jørgen Gundersen	Ull/Kisa	2018	00:06:07	9
7	Patrick Fossum Kristoffersen	Ull/Kisa	2019	00:06:49	17
8	Anders Boye	Rindal	2019	00:04:03	1 rekord
8	Ebrahim Abdulaziz	Strindheim	2019	00:04:07	1
8	Ola E Korbøl	Mosvik	2018	00:04:08	2
8	Jens Bøhmer	Gular	2018	00:04:09	3
8	Hans Magnus Haukøy	Gneist	2019	00:04:14	2
8	Karl Fremstad	Tjalve	2019	00:04:19	6
8	Hans Kristian Fløystad	Tjalve	2018	00:04:22	5
8	Robin Nedrehagen	Gular	2019	00:04:24	8
8	Jonas Krossøy	Ull/Kisa	2018	00:04:25	6
8	Jonas Krossøy	Ull/Kisa	2019	00:04:32	16

## De beste etappetidene de siste årene og Ull/Kisas tider

Etp	Løper	Lag	År	Etp tid	Plass
9	Eystein Lysholm	Gular	2007	00:01:25	1 rekord
9	Leonard Nesheim	Tjalve	2019	00:01:28	1
9	Herman Ellingsen	Gneist	2019	00:01:28	1
9	Simen Rolfsen	Lyn Ski	2019	00:01:31	3
9	Tor Kringstad Vedde	Gular	2019	00:01:32	4
9	Tor Kringstad Vedde	Gular	2018	00:01:32	1
9	Peder Talsnes	Strindheim	2019	00:01:33	5
9	Henrik Koppang	Tjalve	2018	00:01:33	2
9	Jonathan Greni Bjerkaas	Tyrving	2018	00:01:33	2
9	Johan Sebastian Evensen	Ull/Kisa	2019	00:01:34	8
9	Johan Sebastian Evensen	Ull/Kisa	2018	00:01:35	5
9	Stian Norheim	Strindheim	2018	00:01:39	10
10	Marius Vedvik	Gular	2019	00:07:11	1 rekord
10	Trond Einar Moen Pedersli	Strindheim	2019	00:07:23	2
10	Marius Vedvik	Gular	2018	00:07:30	1
10	Kristian Tjørnholm	Kristiansand	2018	00:07:31	2
10	Senay Fissehatsion	Tjalve	2019	00:07:37	6
10	Sigurd Skjeseth	Tjalve	2018	00:07:41	3
10	Trond Ørjan Eide	Strindheim	2018	00:07:43	4
10	Henrik Hanssen	Ull/Kisa	2019	00:07:54	12
10	Eivind Klokkehaug	Ull/Kisa	2018	00:08:03	12
11	Sindre Løchting	Tjalve	2015	00:04:01	1 rekord
11	Thomas Myklebust Heggøy	Gular	2019	00:04:04	1
11	Anders Sørensen	Tjalve	2019	00:04:06	2
11	Håkon Mushom	Kristiansand	2018	00:04:06	1
11	Markus Kjærner-Semb	Varegg	2019	00:04:10	3
11	Emil Oustad	Ren-Eng	2018	00:04:13	2
11	Jens Åstveit	Gular	2018	00:04:14	3
11	Karl Fremstad	Tjalve	2018	00:04:16	4
11	Trond Ørjan Eide	Strindheim	2019	00:04:17	6
11	Henrik Hanssen	Ull/Kisa	2018	00:04:17	5
11	Mads Waaler	Strindheim	2018	00:04:18	6
11	Sverre Blom Breivik	Ull/Kisa	2019	00:04:44	16
12	Paul Anders Holte	Skjalg	2015	00:00:44	1 rekord
12	Even Meinseth	Gular	2018	00:00:45	1
12	Andreas Bakktun	Gneist	2018	00:00:47	2
12	Even Meinseth	Gular	2019	00:00:48	1
12	Håkon Morken	Lillehammer	2019	00:00:48	1
12	Sebastian Selbekk	Tyrving	2018	00:00:48	3
12	Lars Stølen	Tyrving	2019	00:00:49	3
12	Nikolai Jallow	Tjalve	2018	00:00:49	4
12	Håkon Skaftun	Tjalve	2019	00:00:50	4
12	Sondre Opaker Øines	Ull/Kisa	2018	00:00:50	5
12	Ivar Espenes	Strindheim	2018	00:00:51	6
12	Sondre Opaker Øines	Ull/Kisa	2019	00:00:54	11
12	Merih Solomon	Strindheim	2019	00:00:55	14

## De beste etappetidene de siste årene og Ull/Kisas tider

Etp	Løper	Lag	År	Etp tid	Plass
13	Edvard Kamperud Nygaard	Tjalve	2015	00:02:42	1 rekord
13	Markus Einan	Ull/Kisa	2018	00:02:47	1
13	Anders Sørensen	Tjalve	2018	00:02:49	2
13	Erik Mysen	Mosvik	2018	00:02:49	2
13	Eivind Wikshåland	Tjalve	2019	00:02:50	1
13	Emil Oustad	Mosvik	2019	00:02:52	2
13	Sondre Hoff	Gular	2019	00:02:54	3
13	Alexander Tesfamariam	Gular	2018	00:02:55	4
13	Thomas Hoel Syrstad	Strindheim	2019	00:02:57	4
13	Thomas H. Syrstad	Strindheim	2018	00:02:57	5
13	Tore Klungland	Ull/Kisa	2019	00:03:18	15
14	Thomas Blucher	Gneist	2019	00:01:44	1 rekord
14	Leonard Nesheim	Gular	2018	00:01:45	1
14	Sigurd Blom Breivik	Ull/Kisa	2018	00:01:46	2
14	Syver Røinaas	Tyrving	2018	00:01:46	2
14	Alexander Tesfamariam	Gular	2019	00:01:47	2
14	Martin Lager	Tjalve	2019	00:01:48	3
14	Edvard Vasdal	Strindheim	2019	00:01:49	4
14	Abdullai Ali	Tjalve	2018	00:01:49	5
14	Morten Grønbech	Strindheim	2018	00:01:55	12
14	Halvor Løvli	Ull/Kisa	2019	00:02:03	16
15	Luca Thompson	Bul	2018	00:01:11	1 rekord
15	Snorre Bonesmo	Strindheim	2019	00:01:11	1 rekord
15	Torbjørn Lysne	Gular	2019	00:01:12	2
15	Joachim Sandberg	Tjalve	2019	00:01:14	3
15	Sigve Brandzæg Hårberg	Steinkjer	2019	00:01:14	3
15	Torbjørn Lysne	Gular	2018	00:01:14	2
15	Håkon Hanssøn Jakobsen	Ull/Kisa	2018	00:01:15	3
15	Sigve Brandzæg Hårberg	Steinkjer	2018	00:01:15	3
15	Marius Hjeltnes	Tjalve	2018	00:01:17	5
15	Emil Nordal	Ull/Kisa	2019	00:01:20	13
15	Håkon Kristoffersen	Strindheim	2018	00:01:21	15